

HEAL: Keys to Connection

3-day workshop on Equine-Facilitated Psychotherapy and Learning (EFPL)

*Is held at Bilitt Farm in Norway, Facilitated by Jeanette Lysell
HEAL Designated Instructor*

This 3-day workshop, tailored to professionals in the helping professions, explores the HEAL Model™ of experiential learning with horses. Participants will learn and practice core skills which illuminate the essence of safe therapeutic bond.

“The HEAL Six Key Model simplifies the very complex dynamic of human-horse interaction into a conceivable framework for helping people.”

~Participant, Montana USA 2017

REGISTRATION DETAILS

3 day workshop

Sept 29 – Oct 1, 2017

Registration Cost: 4000 NKR

Accommodation: 1200 NKR

For more information and registration contact

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Jeanette Lysell

Keys to Connection fulfills the prerequisite foundation for entering the 5-month HEAL Facilitator Training Program.

Workshop leader Jeanette Lysell is certified as a Bodydynamic therapist, and holds a Bachelors' degree in Child Protective Services as well as a riding teacher certification. She worked for 20 years employing horse-assisted therapy in addiction treatment. HEAL graduate in 2013.



“In this rich, experiential workshop you will practice a method for quickly creating a bond that is strong and respectful, with healthy boundaries. The HEAL model blends neuroscience and mindfulness with horse power .” ~ Kristin Fernald, LMHC, HEAL Instructor